

PEER-REVIEWED JOURNAL ARTICLES

1. Elfering, A., Igic, I., Kritzer, R., & Semmer, N.K. (accepted for publication). Commuting as a work-related demand: Effects on work-to-family conflict, affective commitment and intention to quit. *PsyCh Journal*.
2. Brunner, B., Igic, I. & Wieser, S. (2019). Who gains the most from improving working conditions? Health-related absenteeism and presenteeism due to stress at work. *The European Journal of Health Economics*, 20 (8), 1165-1180. <https://doi.org/10.1007/s10198-019-01084-9>
3. Kottwitz, M., Pfister, I., Elfering, A., Schummer, S., Igic, I., & Otto, K. (2019). SOS - Appreciation overboard! Illegitimacy and psychologists' job satisfaction. *Industrial Health*, 57 (5), 637-652.
4. Igic, I., Keller, A., Elfering, A., Tschan, F., Kälin, W., & Semmer, N. K. (2017). Ten-year trajectories of stressors and resources at work: Cumulative and chronic effects on health and well-Being. *Journal of Applied Psychology*, 102 (9), 1317–1343. <http://dx.doi.org/10.1037/apl0000225>
[Supplemental material for the paper \(Link\)](#)
5. Keller, A., Igic, I., Meier, L., Semmer, N. K., Schaubroeck, J., Brunner, B., & Elfering, A. (2017). Testing job typologies and identifying at-risk subpopulations using factor mixture models. *Journal of Occupational Health Psychology*, 22 (4), 503-517. <http://dx.doi.org/10.1037/ocp0000038>
6. Elfering, A., Igic, I., Keller, A., Meier, L., & Semmer, K. N. (2016). Work-Privacy Conflict and Musculoskeletal Pain: A Population-based Test of a Stress-Sleep-Mediation Model. *Health Psychology and Behavioral Medicine*. 4 (1), 70-90. <https://doi.org/10.1080/21642850.2016.1168301>
7. Eatough, M., Meier, L., Igic, I., Elfering, A., Spector, P. E., & Semmer, N. K. (2015). You want me to do what? Two daily diary studies of illegitimate tasks and employee well-being. *Journal of Organizational Behaviour*, 37 (1), 108-127. <https://doi.org/10.1002/job.2032>
8. Igic, I., Ryser, S., & Elfering, A. (2013). Does work stress make you shorter? An ambulatory field study of daily work stressors, job control, and spinal shrinkage. *Journal of Occupational Health Psychology*, 18 (4), 469-480. <http://dx.doi.org/10.1037/a0034256>

BOOK CHAPTERS:

1. Elfering, A., Brunner, B., Igic, I., Keller, A. & Weber, L. (2017). Gesellschaftliche Bedeutung und Kosten von Stress. In R. Fuchs & M. Gerber (Eds.). In *Handbuch Stressregulation und Sport* (pp. 123-141). Springer, Berlin, Heidelberg. <https://doi.org/10.1007/978-3-662-49411-0>
2. Keller, A., Stalder, B., Igic, I., Semmer, N. K., & Elfering, A. (2016). Who gets the high quality jobs ten years after compulsory school? [Qui sont ceux qui décrocheront les emplois de qualité dix ans après l'école obligatoire?]. In K. Scharenberg, S. Hupka-Brunner, T. Meyer & M. M. Bergman (Eds.), *Youth transitions in Switzerland: Results from the TREE panel study*, Volume II. *Transitions des adolescents et des jeunes adultes en Suisse: Résultats de l'étude longitudinale TREE*. Zürich, Switzerland: Seismo. ([PDF](#))

CONFERENCE PRESENTATIONS:

1. Igic, I., Krieger, T., Hirschi, A., & Pang, D. (2020, September). Does one size fit all, or does not everyone fit the mold? For whom is an internet-based self-compassion intervention at work effective: A

February 15, 2020

randomized-controlled intervention study. Submitted for *the 52th Annual Meeting of German Society for Psychology, Wien, AU.*

2. Elfering, A., Kälin, W., Yannik, F., Tritschler, N., Igic, I. & Semmer, N. (2020, September). Meaning of work across 20 years of working-life: Findings from a six-wave longitudinal study. Submitted for *the 52th Annual Meeting of German Society for Psychology, Wien, AU.*
3. Medici, G., Igic, I., Grote, G., & Hirschi, A., (2020, August). Occupational stability in turbulent times. Submitted for the *80th Annual Meeting of the Academy of Management, Vancouver, BC, Canada.*
4. Igic, I., Hirschi, A., Dlouhy, K., Medici, G., & Grote, G., (2020, March). Profiling "Occupational Changers" in their early career: Examining the longitudinal change patterns of psychological well-being and health. Accepted for the oral presentation at *the small group meeting at Vrije Universiteit Amsterdam, NE.*
5. Igic, I. & Hulsheger, U. (2019, August). Benefits of mindfulness for leadership, performance and work engagement. Paper Symposium for the *79th Annual Meeting of the Academy of Management (AOM), Boston, USA.*
6. Igic, I., Krieger, T., & Prem, R. (2019, August.). Benefits of self-compassion for health, motivation and performance in the work context. Oral presentation at the *79th Annual Meeting of the Academy of Management (AOM), Boston, USA.*
7. Igic, I., Hirschi, A., Dlouhy, K., & Grote, G. (2019, May). Occupational mobility and sustainable career: Do occupational mobility relate to the development of happiness, health, and productivity over time? Oral presentation at the *19th congress of the European Association of Work and Organizational Psychology (EAWOP), Turin, Italy.*
8. Faes, Y., Kälin, W., Keller, A., Igic, I., Semmer, N.K., & Elfering, A., (2019, September). Illegitimate tasks as a health risk four years later among young workers with high self-efficacy. Poster at the *16th congress of the Swiss psychological association, (SPS/SGP/SSP), Bern, CH.*
9. Prem, R., Igic, I., Korunka, C., & Scheel, T. (2019, May). Vicious circles of procrastination? How workplace procrastination is related from one day to the next. Oral presentation at the *19th congress of the European Association of Work and Organizational Psychology (EAWOP), Turin, Italy.*
10. Medici, G., Tschopp, C., Grote G., Hirschi A., & Igic, I. (2019, May). Grass Roots of Occupational Change: Understanding Mobility in Vocational Careers. Oral presentation at the *19th congress of the European Association of Work and Organizational Psychology (EAWOP), Turin, Italy.*
11. Faes, Y., Kälin, W., Keller, A. C., Igic, I., Semmer, N. K., & Elfering, A., (2019, September). Illegitimate tasks as a health risk among young workers with high self-efficacy. Oral presentation at the *16th Swiss Psychological Society. Conference Psychology's Contribution to Society (SPS SGP SSP). Bern, Switzerland.*
12. Igic, I., Prem, R., & Krieger T. (2018, September). Does Self-Compassion work at work: Diary study. Oral presentation at the *European Academy of Occupational Health Psychology, (EAOHP), Lisbon.*
13. Igic, I., Krieger, T., Holtforth, M., & Elfering, A. (2017, Mai). Daily Self-Compassion during work. Oral presentation at the *18th congress of the European Association of Work and Organizational Psychology (EAWOP), Dublin, IR.*

February 15, 2020

14. Igic, I., Keller, A., Semmer, N. K., & Elfering, A. (2016, April). Work related mobile devices use after work hours recovery and health. Oral presentation at the *12th Conference of the European Academy of Occupational Health Psychology, (EAOHP)*, Athen, GR.
15. Igic, I., Semmer, N.K., Keller, A., Kälin, W., Elfering, A., & Tschan, F. (2015, May). Does chronic work stress matter? Trajectories of working conditions and employee's health and well-being 10-years later. Oral presentation at *the 11th International Conference on Occupational Stress and Health: Work, Stress and Health, 2015, Atlanta, US*.
16. Igic, I., Keller, A., Kälin, W., Elfering, A., & Semmer, N. K. (2015, May). Alcohol consumption, sport activities, and detachment from work during the weekend as a function of time pressure over a week. Poster presented at *the 17th congress of the European Association of Work and Organizational Psychology (EAWOP), Oslo, NO*.
17. Eatough, E.M., Meier, L., Igic, I., Elfering, A., Spector, P. E., & Semmer, N. K. (2014, May). Illegitimate tasks and well-being. Oral presentation at *the 29th Annual Conference of the Society for Industrial and Organizational Psychology, Honolulu, USA*.
18. Igic, I., Semmer, N.K., Keller, A., Kälin, W., Elfering, A., & Tschan, F. (2014, April). Job control, task-related stressors, and social stressors: Identifying groups with different developmental patterns in these variables. Oral presentation at the *11th Conference of the European Academy of Occupational Health Psychology, (EAOHP)*, London, UK.
19. Igic, I., Semmer, N.K., Keller, A., Kälin, W., Elfering, A., & Tschan, F. (2014, February). Stressors and resources at work and well-being over time: Demonstrating cumulative effects using growth mixture modeling. Oral presentation at the *2014 Annual Research Forum of the Swiss Center for Competence in Affective Sciences, Geneva, CH*.
20. Igic, I. (2013, September). Langfristige und Kumulative Effekte von Arbeitsstressoren und -ressourcen auf das Wohlbefinden und die Gesundheit. Oral presentation at *Nachwuchsworkshop AOW, Wien, AT*.
21. Igic, I., Semmer, N.K., Keller, A., Kälin, W., Elfering, A., & Tschan, F. (2013, May). Social stressors and irritability over time: Modeling the relationship via growth mixture methodology. Oral Presentation at the *10th International Conference on Occupational Stress and Health, Los Angeles, California, USA*.
22. BongKyoo C, Schnall, P., Landsbergis, P., Ko, S., Dobson, M., Juarez-Garcia, A., Yang, H., Rivas-Garcia, J., Igic, I., Karasek, R., & Baker D. (2013, March). Methodological issues in the paper: Job strain as a risk factor for coronary heart disease [Lancet 2012; 380: 1491-9]. Oral presentation at the *6th ICOH-CVD conference, 2013, Tokyo, JP*.
23. Igic, I., & Semmer, N. K. (2012, April). Daily self-esteem and illegitimate tasks: A Diary Study. Oral Presentation at *10th Conference of the European Academy of Occupational Health Psychology, Zürich, CH*.
24. Igic, I., Ryser, S., & Elfering, A. (2012, March). Does work stress make you shorter? An ambulatory field study of daily work stressors, job control, and spinal shrinkage. Poster presented at the *30th ICOH International Congress on Occupational Health, Cancun, MX*.
25. Igic, I. & Semmer, N. K. (2012, February). Daily self-esteem and illegitimate tasks: A diary study. Oral presentation at the *2012 Annual Research Forum of the Swiss Center for Competence in Affective Sciences, Geneva, CH*.

PUBLISHED REPORTS:

February 15, 2020

1. Galliker, S., Ijic, I., Elfering, A., Semmer, N., Brunner, B. & Wieser, S (in preparation). Job-Stress-Index 2020. Kennzahlen zum Stress bei Erwerbstätigen in der Schweiz (Gesundheitsförderung Schweiz). Bern: Gesundheitsförderung Schweiz.
2. Galliker, S., Ijic, I., Elfering, A., Semmer, N., Brunner, B. & Wieser, S (2018). Job-Stress-Index 2018. Kennzahlen zum Stress bei Erwerbstätigen in der Schweiz. Faktenblatt 34. [Job Stress Index 2018, Indicateurs relatifs au stress chez les personnes actives en Suisse, Feuille d'information 34] Gesundheitsförderung Schweiz / Promotion Santé Suisse. [\(PDF\)](#)
3. Ijic, I., Semmer, N. K., Elfering, A., Zumstein, N., & Lötscher (2017). Test Manual - S-Tool (Friendly Work Space Job-Stress-Analyses). Bern: Gesundheitsförderung Schweiz.
4. Windlinger, L, Ijic, I, & Konkol, J. (2018). Belastende Faktoren im Büroraum und deren Einfluss auf die psychische Gesundheit und das Arbeitsengagement. Ergebnisse aus der Befragung mit Friendly Work Space Job-Stress-Analysis (Gesundheitsförderung Schweiz Faktenblatt 30). Gesundheitsförderung Schweiz. [\(PDF\)](#)
5. Ijic, I., Elfering, A., Semmer, N., Brunner, B., Wieser, S., Gehring, K., Krause, K. (2017): Job Stress-Index 2014 bis 2016, Kennzahlen zu psychischer Gesundheit und Stress bei Erwerbstätigen in der Schweiz. Theoretische Grundlagen, Methodik und Ergebnisse für die Jahre 2014 bis 2016 in Quer- und Längsschnitt. [Job Stress Index 2014 à 2016 Indicateurs de la santé psychique et du stress dans la population active en Suisse Fondements théoriques, méthode et résultats des années 2014 à 2016 en coupe transversale et longitudinale]. Bern/Lausanne, Gesundheitsförderung Schweiz / Promotion Santé Suisse. [\(PDF\)](#)
6. Ijic, I., Keller, A. C., Luder, L., Brunner, B., Wieser, S., Elfering, A., & Semmer, N. K. (2015). Job-Stress-Index, Erschöpfungsrate und ökonomisches Potenzial von Verbesserungen im Job-Stress-Index bei Schweizer Erwerbstätigen 2015. [Job-stress-index, exhaustion, and economic potential of improvements in job-stress-index among Swiss employees 2015]. Bern and Lausanne, Switzerland: Health Promotion Switzerland. [\(PDF\)](#)
7. Ijic, I., Keller, A. C., Brunner, B., Wieser, S., Elfering, A., & Semmer, N. K. (2014). Job-Stress-Index, Erschöpfungsrate und ökonomisches Potenzial von Verbesserungen im Job-Stress-Index bei Schweizer Erwerbstätigen 2014. [Job Stress Index 2014 Enquête sur des indicateurs en matière de santé psychique et de stress dans la population active en Suisse]. Bern and Lausanne, Switzerland: Health Promotion Switzerland. [\(PDF\)](#)